

BUSINESS & WORKFORCE 
RECOVERY SOLUTIONS

Resource Links to Assist You When Dealing with the COVID-19 Pandemic

<https://www.cdc.gov/mentalhealth/stress-coping/teens-young-adults-support/index.html>

CDC Mental Health – Stress Coping – Teens and Young Adults

<https://www.cdc.gov/mentalhealth/stress-coping/parental-resources/index.html>

CDC Mental Health - Stress Coping - Parental Resources

<https://www.cdc.gov/mentalhealth/quiz/index.htm>

CDC Mental Health Quiz

<https://www.hhs.gov/coronavirus/mental-health-and-coping/index.html>

HHS Mental Health and Coping During COVID-19

<https://www.nimh.nih.gov/get-involved/digital-shareables/shareable-resources-on-coping-with-covid-19>

NIH National Institute of Mental Health – Shareables for Coping with COVID

<https://www.careeronestop.org/Toolkit/toolkit.aspx>

DOL Career One Stop Toolkit for Employment Assistance

<https://www.uschamberfoundation.org/reports/coronavirus-response-resources>

US Chamber Foundation - Business Responds - Reports and Resources, Coronavirus

<https://www.uschamber.com/co/events/roadmap-for-rebuilding>

US Chamber - Business - Roadmap for Rebuilding

<https://www.biblica.com/resources/partner-resources/english-resources/>

Go to “When Your Whole World Changes” – COVID-19 Special Edition – E-Book